

Date: _____

Dear _____,

My name is _____ and I am receiving
medical care at _____ on
_____.

In order to reduce my risk of contracting Covid-19 while receiving medical care in this facility, I am requesting the following accommodations:

1. All health care workers in my presence and those providing care to me will be masked in N95 respirators or elastomeric respirators at all times;
2. I will be permitted to wear an N95 respirator or elastomeric respirator of my choosing while in the facility;
3. I will be permitted to monitor the ventilation in the room and to bring and use standalone HEPA filters to filter the air.
4. Other accommodations: _____

I make these requests in accordance with my legal rights to equality, to receive healthcare services without discrimination, and to be accommodated to the point of undue hardship, as recognized in provincial/territorial human rights legislation¹, the Charter of Rights and Freedoms², the Canadian Medical Association's *Code of Ethics and Professionalism*³, and provincial/territorial codes of ethics for healthcare workers.

Thank you for your understanding and cooperation.

Signed,

¹ Canadian Centre for Diversity and Inclusion, "Overview of Human Rights Codes by Province and Territory in Canada", published January 2018, retrieved on August 28, 2024, online: [20171102-publications-overview-of-hr-codes-by-province-final-en.pdf \(ccdi.ca\)](https://www.ccdi.ca/20171102-publications-overview-of-hr-codes-by-province-final-en.pdf)

² Part I of the Constitution Act, 1982. Canadian Charter of Rights and Freedoms, s 7, Part 1 of the Constitution Act, 1982, being Schedule B to the Canada Act 1982 (UK), 1982, c 11

³ Canadian Medical Association, Ottawa (CA): CMA; 2018. "CMA Code of Ethics and Professionalism" retrieved on August 28, 2024, online: <http://policybase.cma.ca/dbtw-wpd/Policypdf/PD19-03.pdf>. The duty to accommodate is also discussed in the following guidance from the CMA: <https://www.cmpa-acpm.ca/en/advice-publications/browse-articles/2019/when-patients-make-special-requests-how-should-you-respond>